

# **STOP FLUORIDE MEDICATION via our DRINKING WATER!**

**Please support NPWA's call for the repeal of Sections 87-89 of the Water Industry Act 1991 (as amended)**

Currently, five and half million people, mainly in the West Midlands and the North-East of England, are being medicated (1) by their water companies with fluorides, substances that have never been shown to be essential for human health (2). Please support this call to MPs and Members of the House of Lords to repeal the fluoridation legislation which gives the Department of Health the power to instruct Water Companies to fluoridate water supplies. **A water company that fluoridates is doing to all of its customers what a doctor cannot do to anyone of sound mind - that is administer medication to individuals without their informed consent (3).**

In 2009, despite 72% of 10,000 written responses to the official Consultation from those affected expressing opposition, South Central SHA – acting for the Department of Health – voted unanimously to instruct Southern Water Services Ltd to fluoridate the water supplies of 200,000 people living in Southampton and South West Hampshire. **Schemes for Manchester, Liverpool and London are likely to follow if the fluoridation legislation is not repealed.**

**As the amending Water Act 2003 passed through both Houses of Parliament many assurances were given that fluoridation schemes would not be imposed on communities without their agreement.** The Water Fluoridation (Consultation) Regulations 2005 allow the Department of Health to do just that. **This was deliberate deception of both Houses of Parliament. Only by repeal of the relevant fluoridation legislation may our proper democratic freedoms be restored. This authoritarian legislation must be removed from our Statute Books.**

Those who believe that the alleged benefits from fluoridation outweigh the individual's right to refuse consent to medication should remember that **there is not one high-quality scientific study to show that fluoridation is safe or effective (6).** In 1999 the US Centers for Disease Control stated that fluoride's "...actions primarily are topical for both adults and children." (4) – **confirming that no-one needs to swallow fluoride in order to protect their teeth.**

**We are already over-exposed to fluoride**, with 25% of us getting more than is safe. This figure rises to 67% (two thirds) in fluoridated areas (5). As a result 48% (almost half) of children in fluoridated areas are suffering from dental fluorosis (6) – a manifestation of systemic toxicity (7). In 12.5% (a quarter) of these cases the fluorosis is 'of aesthetic concern' – with brown stains and pitting affecting all tooth surfaces. **Veneers to treat dental fluorosis can cost over £500 per tooth and may need to be replaced every 5 to 10 years.**

**A better way to improve oral health in those at high risk is the needs-based programme first trialed in Varmland County, Sweden.** Initially focusing on expectant mothers in order to minimize the transmission of Strep mutans from mother to baby, this integrated dental care programme, together with the encouragement of personal responsibility for oral health, has proved **highly successful in Sweden and other Scandinavian countries (8).**

**Please support this call to all Parliamentarians to repeal the fluoridation legislation now!**



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For references to this document please see over page.

## References to 'Stop Fluoride Medication via our Drinking Water!'

1. *Directive 2004/27/EC* on medicinal products for human use, 31 March 2004.  
[http://ec.europa.eu/health/files/eudralex/vol-1/dir\\_2004\\_27/dir\\_2004\\_27\\_en.pdf](http://ec.europa.eu/health/files/eudralex/vol-1/dir_2004_27/dir_2004_27_en.pdf)  
**Medicinal Product**
  - (a) Any substance or combination of substances presented as having properties for treating or preventing disease in human beings or
  - (b) Any substance or combination of substances which may be used in or administered to human beings either with a view to restoring, correcting or modifying physiological function by exerting a pharmacological, immunological or metabolic action, or to making a medical diagnosis.
2. "Fluoride is not essential for human health and development..." (*Opinion of the Scientific Panel on Dietetic Products, Nutrition and Allergies on a request from the [European] Commission related to the Tolerable Upper Intake Level of Fluoride (TUIL) Request No EFSA-Q-2003-018*). *The EFSA Journal* (2005) 192, 1-65. <http://www.efsa.europa.eu/en/efsajournal/pub/192.htm>
3. *Convention on Human Rights and Biomedicine*, Council of Europe, ETS 164, 1997.  
<http://conventions.coe.int/Treaty/en/Treaties/html/164.htm>  
Chapter II – Consent  
Article 5 – General rule  
An intervention in the health field may only be carried out after the person concerned has given free and informed consent to it.  
This person shall beforehand be given appropriate information as to the purpose and nature of the intervention as well as on its consequences and risks.  
The person concerned may freely withdraw consent at any time.
4. Div of Oral Health, National Center for Chronic Disease Prevention and Health Promotion, CDC (1999). *Achievements in Public Health, 1900-1999: Fluoridation of Drinking Water to Prevent Dental Caries*. Center for Disease Control Morbidity and Mortality Weekly Report, 22 October 1999, 48(41);933-940. <http://www.cdc.gov/mmwr/preview/mmwrhtml/mm4841a1.htm>
5. Mansfield, P (2010). Water fluoridation and total fluoride intake. *Fluoride Journal*, 2010, 43(4)223-231. [http://fluoridresearch.powweb.com/wpgeneral/434/files/FJ2010\\_v43\\_n4\\_p223-231.pdf](http://fluoridresearch.powweb.com/wpgeneral/434/files/FJ2010_v43_n4_p223-231.pdf)
6. McDonagh et al (2000). *A Systematic Review of Public Water Fluoridation*. University of York CRD. [http://www.york.ac.uk/inst/crd/CRD\\_Reports/crdreport18.pdf](http://www.york.ac.uk/inst/crd/CRD_Reports/crdreport18.pdf)  
See also - <http://www.york.ac.uk/inst/crd/fluoridnew.htm>
7. On 20 April 1999, in a written answer to a question in the (UK) House of Lords, Baroness Hayman, Under-Secretary of State for the Department of Health, stated "we accept that dental fluorosis is a manifestation of systemic fluoride toxicity".  
[www.publications.parliament.uk/pa/ld199899/ldhansrd/vo990420/text/90420w02.htm#90420w02\\_wqn6](http://www.publications.parliament.uk/pa/ld199899/ldhansrd/vo990420/text/90420w02.htm#90420w02_wqn6)
8. Packington, I (2008). *Successful Control of Dental Caries in Sweden Without Fluoridation*, NPWA, November 2008. [http://www.npwa.org.uk/files/varmland\\_general\\_fin.pdf](http://www.npwa.org.uk/files/varmland_general_fin.pdf)

### Further information:

*The Case Against Fluoride: How Hazardous Waste Ended Up in Our Drinking Water and the Bad Science and Powerful Politics That Keep It There* by Professors Paul Connett, James Beck, Spedding Micklem (2010). Chelsea Green Publishing. ISBN: 978-1603582872

*Fluoride in Drinking Water – A scientific evaluation of EPA's standards* (March 2006). The US National Research Council ISBN: 978-0309101288 [http://www.nap.edu/catalog.php?record\\_id=11571](http://www.nap.edu/catalog.php?record_id=11571)

*FLUORIDE FATIGUE Fluoride Poisoning: is fluoride in drinking water - and from other sources - making you sick?* by Dr Bruce Spittle (2008). ISBN: 978-0473129910 <http://www.pauapress.com/fluoride/files/1418.pdf>

*The Fluoride Deception* by Christopher Bryson (2006). Pub. Seven Stories Press. ISBN: 978-1583227008

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