

# Say NO

## To Water Fluoridation

Your water is about to be poisoned with a toxic industrial waste. This is illegal, it is mass medication, it violates your human rights and it is known to cause serious adverse health effects.

Only YOU can stop it!

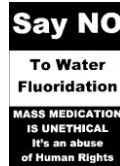
### STOP OUR WATER BEING POISONED!

[www.npwa.org.uk](http://www.npwa.org.uk)

#### WHAT YOU CAN DO

1. **Take part in the Yellow Card campaign.** Supplies of the yellow card to send to the Chairman of your water company are available at 25 for £2 or 100 for £7 inc. p&p. Please send a cheque payable to NPWA to: 'Yellow Cards' at the address below. You might like to order some to distribute to friends.

The card asks for the Chairman's assurance that he will not add or will immediately stop adding fluorides to your drinking water. The card also says that you will protect your health and your rights by making deductions from your water bills to pay for the purchase, installation and maintenance of a reverse osmosis filter system and/or bottled water.



Boost your local campaign with these excellent A3 'Say NO to Water Fluoridation' posters, with three different messages in the bottom third. Three for £2 inc. p&p. We also have a new A3 colour poster showing dental fluorosis, for use in areas under consultation. £1 each.

Additional 'Say NO' leaflets are available. Twenty-five for £2 or 100 for £7 inc. p&p. Please send cheques payable to 'NPWA' at the address below, marking your envelope 'Posters' or 'Say NO Leaflets'.

2. **Write to the leaders of UK political parties.** Tell them that fluoridation violates our fundamental human right to refuse medication and removes our freedom of choice. Ask them to make opposition to mass medication for non-contagious, non-life-threatening, avoidable conditions their party's policy.

3. **Tell parliamentary and local election candidates that you will not vote for someone who advocates medication without individual consent and publicise your opposition to fluoridation in the media.**

4. **Councils' Health and Wellbeing Boards have responsibility for proposing the termination of existing fluoridation schemes, new schemes or maintaining existing arrangements. When a consultation is held locally, you will be entitled to take part if you live or work in the affected area. The consultation period will usually last only three months.** Consultation may not be a simple 'for or against' count. HWBs may ignore views not backed-up scientific evidence and ethical arguments. Beware of completing proformas which may limit or direct your choice of wording. Please see the NPWA website (below) for further information.

5. **Please support National Pure Water Association by completing the monthly standing order form on this leaflet.**

National Pure Water Association  
42, Huntington Road, York, YO31 8RE  
☎ - 020 8220 9168

[www.npwa.org.uk](http://www.npwa.org.uk)

#### Join the campaign against fluoridation!

Please fill in and return this membership/donation form

to: Membership Secretary, NPWA, 8 Harebell Close  
Walnut Tree, Milton Keynes MK7 7BA

Name .....

Address .....

Postcode .....

..... Mr/Mrs/Dr/etc

..... Mob .....

E-mail .....

I have the following skills to contribute .....

Please put me in touch with other campaigners in my area

Please send me Watershed newsletter and updates by e-mail

Name of your Bank .....

Branch Sort Code .....

Branch Address .....

A/C no. .... A/C name .....

Please debit my/our above account and pay to:

HSBC Bank plc, 13 Parliament Street, York YO1 8XS

(sort code 40-47-31, account number 60016284) the sum of £ .....

and in words ..... monthly, on

the ..... of each month, beginning on ..... until further

notice in writing from me/us. **NB Divide annual amount by 12**

Please cancel any previous standing order to this account.

Signed ..... Date .....

**We are happy to receive donations by cheque which should be made payable to National Pure Water Association**

Donation -  £15  £30  £50  £100  Other £ .....

\*Annual Membership -  Individual £15  Families £18  Unwaged £10

**You will have heard the propaganda that fluoridating water supplies is good for children's teeth but there's a great deal that the Department of Health, the British Fluoridation Society and the British Dental Association aren't telling you. They'd rather you didn't know or find out.**

### **The 'fluoride' used to treat people is toxic waste**

The substance used in fluoridation schemes is fluorosilicic acid, an industrial waste product obtained from the pollution scrubbing operations of the phosphate fertiliser industry. It is contaminated with heavy metals and cancer-causing substances such as arsenic, beryllium, cadmium, lead, mercury, silica and vanadium. This is what the Government wants water companies to put in your drinking water.

Fluoride is more toxic than lead and only marginally less so than arsenic. It is a cumulative poison, with up to 50% of intake remaining in your body.

### **'Fluoride' is not a registered medicine**

Although fluorosilicic acid is a medicine as defined by Directive 2004/27/EC, it is not registered as such. It has never been safety tested or subjected to any clinical trials. The claim that fluoride at 1 ppm (part per million) in our water supply is 'optimal' for dental health is unsupportable. People obtain different doses according to how much water they drink and how much fluoride they obtain from other sources including food, beverages, toiletries and medicines. Fluoride is known to cause a range of adverse health effects, the most visible of which is dental fluorosis. This mottling and pitting of teeth is a permanent disfigurement.

The Government-funded York Review found that in areas that are currently fluoridated (10% of the UK, e.g. the West Midlands and Tyneside), 48% of children suffer from dental fluorosis with 12.5% having fluorosis 'of aesthetic concern' so water fluoridation is poisoning almost 1 in 2 children. Fluorides inhibit cellular enzymes, cause skeletal damage, suppress the thyroid gland and are toxic to the central nervous system.

There is also evidence that fluoridation raises the incidence of osteosarcoma in young males (Bassin, 2006).

### **American Dental Association, Interim Guidance on Reconstituted Infant Formula, November 2006**

Advised parents and caregivers to "consider using water that has no or low levels of fluoride" during an infant's first year.

### **Fluoridation is mass medication and an abuse of human rights**

Part III, Chapter IV of the *Water Industry Act 1991* (as amended) is bad law, as it violates our fundamental human right to refuse medication. If you want fluoride you can buy a toothpaste containing fluoride. The use of fluorosilicic acid to mass-medicate the public violates the code of medical ethics set out in the *Council of Europe's Convention on Human Rights & Biomedicine*. This states that all medical interventions must be carried out under proper medical supervision and in accordance with the patient's needs and fully informed wishes.

Human rights belong to you because of what you are – a human being, and should not be confused with civil rights or liberties which are given by law and may be taken away by the repeal of that law.

### **Fluoridation chemicals contaminate the entire food chain**

Once fluoridation chemicals are introduced into our water supply they contaminate everything we eat and drink, everything that requires water – potatoes, rice, processed foods, soft drinks, beers and beverages.

Ordinary domestic water filters cannot remove fluorides. Reverse osmosis filter equipment costs between £150-£600, or you could buy bottled water.

### **Fluoridation and politics**

In the early 1960s, following earlier promotion by the US Public Health Service, millions of UK people began to be medicated without their informed consent with fluorosilicic acid by water undertakers. A legal challenge in 1979 (*McCull v Strathclyde Regional Council*) found the practice to be illegal in 1983. This resulted in the passage of the Water (Fluoridation) Act 1985. The final voting on the Bill was 165 in favour, 82 against – and 399 abstentions excluding the 4 Tellers. The 1985 Act was passed by the votes of only one in four MPs and two out of every three members of the electorate were not represented in the final vote. Water (Fluoridation) Act 1985 was incorporated within the Water Industry Act 1991. Fluoridation should have stopped in 2000 when the York Review could not identify a single high-quality scientific study to support the claimed

safety or efficacy but lobbying of Parliamentarians by the BFS and the BDA resulted in the WIA1991 being amended by the Water Act 2003. This removed water companies' discretion not to fluoridate. The WIA1991 was further amended by the Health and Social Care Act 2012 to transfer responsibility for dental public health, including fluoridation, from unelected health authorities to councils.

### **Water fluoridation and Europe**

Water fluoridation is practised in only 3 Western European Countries (Spain 11%, the UK 10% and Eire 73%). This represents only 3% of the European population. Some EU countries tried fluoridation and stopped; others rejected it at the outset. It is illegal to dump the toxic waste chemicals at sea or to landfills. However, Europe's pollution scrubber liquor is exported to the UK and Eire for disposal via our water supplies and we taxpayers pick up the bill. Neat trick eh?

### **History**

In the 1930s, the USA had a massive surplus of waste fluorides from its heavy industries. Industrialists set about creating a market for this waste and sold the idea to a gullible U.S. Public Health Service that fluoride is 'a miracle drug' which reduces tooth decay. It was then promoted without proper scientific studies having been completed. Even today, fluoridation proponents spend time and resources ridiculing scientists, researchers and even dentists who publish findings against fluoridation. "Speaking out against fluoride can seriously damage your career", say the victims.

### **Can any health professional justify fluoridation?**

*"No physician in his right senses would prescribe for a person he has never met, whose medical history he does not know, a substance that is intended to create bodily change, with the advice: 'Take as much as you like, but you will take it for the rest of your life because some children suffer from tooth decay.' It is a preposterous notion."*

Dr. Peter Mansfield, Director, Templegarth Trust, UK

### **Definition of a medicinal product**

Any substance or combination of substances presented as having properties for treating or preventing disease in human beings – Directive 2004/27/EC on medicinal products for human use.